

Alternative and Over the Counter Medication for Teething

Medication	How to Use
Kava Drops*	2 to 5 drops either into the baby's mouth or on your finger and rub on the gums. Can also be administered in a few drops of water or in their bottle. Use 2 to 3 times a day. Most effective when used in conjunction with teething drops.
Teething Drops*	Use as directed. These do work better offered in smaller doses administered more frequently.
Teething Gel *	Use as directed.
Vibrucrol (homeopathic remedy)	Used as directed for age group. For babies approximately 5 to 8 months old you can administer 5 drops six times a day but ONLY for 3 days. Check with the manufacturer or retailer.
Traumeel Gel	Can be rubbed on the gums twice a day – morning and night – alternatively rub on the outside cheek on the jaw line (not as effective).
One Dose	One of the following: Pamol, Paracetamol, Calpol or Nurofen (ibuprofen).
Double Dose	This should be confirmed with your medical doctor before proceeding. Double dose or back to back from: Pamol, Paracetamol, Calpol or Nurofen (ibuprofen) This means that you can interchange between say Nurofen and paracetamol at each 3 hourly interval. For example, 9am – Nurofen Midday – Paracetamol 3pm – Nurofen 6pm – Paracetamol

Parents/carers should understand and acknowledge that Dorothy is NOT a licensed medical doctor or other licensed medical provider. The above chart is a GUIDELINE ONLY and should be used as such. If there is any concern regarding the baby, parents/carers should seek expert medical help.

* Quintessence Brand