

Suggestions for Toddler Meals

These recipes will either be found on the Internet or in most children's recipe books. Some of my favorites authors are:

Yummy Baby author Jane Clarke

Baby and Toddler Cookbook author Annabel Karmel

Organic Baby and Toddler Cookbook author Lizzie Vane

Basic baby beef stew
Bean & garlic stew
Bean & vegetable oat crumble
Beef casserole
Braised beef with sweet potato
Broccoli & anchovy pasta sauce
Chicken & apple balls
Chicken & tomato couscous
Chicken pasta bake
Chicken with cornflakes
Chicken with summer vegetables
Coconut fish curry
Crunchy chicken fingers
East Indian lamb nuggets
Fingers of sole
Fish fingers

Fish pie
Fish pie with green veg
Kids kedgeree
Lentil & vegetable puree
Lovely lentils
Mediterranean vegetables & chicken
Mini cottage pie
Mini meatballs with herby tomato
Mushroom & leek risotto
Mushroom tortilla
Napolitano pasta sauce
Nursery fish pie
Pasta with easy tomato & basil sauce
Pasta with hidden vegetable sauce
Peppy barley stew
Potato, pea & courgette frittata

Rice & lentil hotpot
Risotto with butternut squash
Salmon fishcakes
Salmon footballs
Salmon with a creamy chive sauce
Simple bolognaise
Simple chicken risotto
Special fried rice
Spinach, pea & ricotta fritters
Tasty liver casserole
Tasty rice with meat & vegetables
Tomato & basil pasta sauce
Tuna & sweet corn stuffed potato
Vegetable & coconut korma
Vegetable chili with quinoa